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## On a sharp inequality for the Laplacian of a polyharmonic function

By MIROSLAV PAVLOVIĆ (Belgrade)

**Abstract.** We give a short proof of the sharp inequality  $|\Delta f(0)| \leq 4d(m-1)^2 \sup_{B} |f|$ , where f is a polyharmonic function of order m on the unit ball in the Euclidean d-space.

Let  $\mathbf{B}^d$  denote the unit ball in the Euclidean *d*-space, and let  $H_m(\mathbf{B}^d)$ (m = 1, 2, ...) denote the class of those functions f on  $\mathbf{B}^d$  for which  $\Delta^m f = 0$ , where  $\Delta^m$  stands for the *m*-th power of the Laplacian. In [3] KOUNCHEV considered the inequality

(1) 
$$|\Delta^k f(0)| \le C \sup_{\boldsymbol{B}^d} |f|, \quad f \in H_m(\boldsymbol{B}^d),$$

and stated that the best constant is  $C = 2^k T_{m-1}^{(k)}(1)$ , where  $T_{m-1}^{(k)}$  is the *k*-th derivative of the Chebyshev polynomial  $T_{m-1}$ . However, elementary examples show that C must depend on d. By Theorem 1 below, the best constant in the case k = 1 is equal to  $4d(m-1)^2$ .

For two integers n and k,  $1 \le k \le n$ , let

$$A(n,k) = n^{2}(n^{2} - 1^{2}) \dots (n^{2} - (k-1)^{2})$$

and

$$A(n,k,d) = A(n,k)d(d+2)\dots(d+2k-2)/(2k-1)!!$$

Thus A(n, k) = A(n, k, 1).

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**Theorem 1.** If  $1 \le k \le m-1$  and  $d \ge 1$ , then the best constant in (1) is  $C = 4^k A(m-1,k,d)$ .

We will deduce this theorem from the theorem of the Markov brothers [1, p. 323], which we state as follows:

**Theorem M.** Let  $P_n(t)$  be a polynomial of degree n such that  $|P_n(t)| \leq 1$  for all  $0 \leq t \leq 1$ . Then

(2) 
$$|P_n^{(k)}(0)| \le 2^k T_n^{(k)}(1)$$

for  $1 \leq k \leq n$ .

Recall that  $T_n(t) = \cos(n \arccos t)$  and

$$T_n^{(k)}(1) = A(n,k)/(2k-1)!!$$

**Corollary.** Let  $Q(t) = P_n(t^2)$ , where  $P_n$  is as above. Then

$$|Q^{2k}(0)| \le 4^k A(n,k).$$

**PROOF.** This follows from Theorem M by using the formula

$$Q^{(2k)}(0) = (2k)!(k!)^{-1}P_n^{(k)}(0) = 2^k(2k-1)!!P_n^{(k)}(0).$$

Since  $T_{2n}(t) = (-1)^n T_n(1 - 2t^2)$ , we see that

(3) 
$$|T_{2n}^{(2k)}(0)| = 4^k A(n,k),$$

and therefore the corollary proves a particular case of Theorem 1. In the general case we need a simple formula as well.

Lemma. Let  $u_j(x) = |x|^{2j}$ ,  $x \in \mathbf{B}^d$ . Then  $\Delta^k u_j(0) = 0$  for  $k \neq j$  and  $\Delta^k u_k(0) = (2k) !! d(d+2) \dots (d+2k-2).$ 

PROOF. By direct computation one shows that

$$\Delta u_j(x) = 2j(2j - 2 + 2d)|x|^{2j-2}.$$

Successive applications of this formula yield the conclusion of the lemma.

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PROOF of Theorem 1. Let  $f \in H_m(\mathbf{B}^d)$  and  $|f(x)| \leq 1$  for all  $x \in \mathbf{B}^d$ . Let u denote the radialization of f,

(4) 
$$u(x) = \int f(Gx) dG,$$

where the integral is taken over the group of all orthogonal transformations of the *d*-space. Since the Laplacian commutes with the orthogonal transformations, we have that  $u \in H_m(\mathbf{B}^d)$ ,  $\Delta^k u(0) = \Delta^k f(0)$  as well as  $|u(x)| \leq 1$  for all  $x \in \mathbf{B}^d$ . And since *u* is a radial function, there is a polynomial  $P_{m-1}(t)$ , deg  $P_{m-1} \leq m-1$ , such that  $u(x) = P_{m-1}(|x|^2)$ . (This can be proved by induction or by using the Almansi theorem [2]). By using the lemma we find that

(5) 
$$\Delta^k u(0) = Q^{(2k)}(0)d(d+2)\dots(d+2k-2)/(2k-1)!!,$$

where  $Q(t) = P_{m-1}(t^2)$ . Now we apply the Corollary to Theorem M to obtain

$$\Delta^k f(0) = |\Delta^k u(0)| \le 4^k A(m-1,k,d).$$

Finally, to show that the constant is the best possible, let  $f(x) = T_{m-1}(1-2|x|^2) = (-1)^m T_{2m-2}(|x|)$ . Using the formulas (5) (u = f) and (3) shows that  $\Delta^k f(0) = 4^k A(m-1,k,d)$ , and this completes the proof.

Remark 1. The best constant can be attained on non-radial functions. As an example consider the case where d = 2, m = 2 and k = 1, and identify the 2-space with the complex plane. Let

$$f(x) = -1 + 2(1 - 2|x|^2)u(x),$$
$$u(x) = \Re((1 - ax^2)^{-1})$$

for some  $a, |a| \leq 1$ . Since  $0 < u(x) \leq (1 - |x|^2)^{-1}$  we have  $-1 \leq f(x) \leq 1$  for all  $x \in \mathbf{B}^2$ , and  $-\Delta f(0) = 8u(0) = 8 = 4^k A(m-1,k,d)$ .

Remark 2. A slight improvement of Theorem 1 follows from the proof. Let

$$I(r, f) = \int_{S} f(ry) d\sigma(y), \quad 0 < r < 1,$$

where  $d\sigma$  is the normalized surface measure on S. Then there holds the sharp inequality

(6) 
$$|\Delta^k f(0)| \le 4^k A(m-1,k,d) \sup_{r<1} |I(r,f)|, \quad f \in H_m(\mathbf{B}^d).$$

It should be noted, however, that (6) is obtained by an application of (1) to the function u defined by (4).

Remark 3. Only minor modifications of the proof of Theorem 1 are needed to show the following: Let  $\alpha > 0$ ,  $1 \le q \le \infty$  and let  $C_q = C_q(n,k,\alpha)$  denote the best constant in the inequality

$$|P_n^{(k)}(0)| \le C_q \left( \int_0^1 |P_n(t)|^q t^{\alpha - 1} dt \right)^{1/q}.$$

Then there holds the sharp inequality

$$|\Delta^k f(0)| \le D_q(m-1,k,d/2) \left( \int_{B^d} |f|^q d\nu \right)^{1/q},$$

for  $f \in H_m(\mathbf{B}^d)$ , where  $d\nu$  is the normalized measure on  $\mathbf{B}^d$  and

$$D_n(n,k,\alpha) = (2/d)^{1/q} \, 2^k d(d+2) \dots (d+2k-2) \, C_q(n,k,\alpha).$$

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MIROSLAV PAVLOVIĆ MATEMATIČKI FAKULTET STUDENTSKI TRG 16 11001 BELGRADE, PP 550 YUGOSLAVIA *E-mail:* pavlovic@matf.bg.ac.yu

man. purioricemut.bg.uc.yu

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